

Dilation Policy and Consent

Dilation is a procedure which allows the doctor to use eye drops to temporarily enlarge your pupils for a more extensive view of the retina (back of the eye), similar to looking into a room through an open door instead of a keyhole. With dilation, the doctor has the opportunity to evaluate and diagnose eye health problems before symptoms occur. Examples include cataracts, glaucoma, retinal detachment, macular degeneration, complications of diabetes, high blood pressure, cancer, etc.

Dilation is an important part of a complete eye exam. It is recommended that all new patients to our practice receive a dilated exam. Frequency of dilation at future visits is dependent on symptoms and eye health as certain conditions require closer monitoring, but at least every 2-3 years.

Some patients may experience blurred vision up close and light sensitivity for 2-6 hours. In most cases distance vision will be minimally affected. If you do not have dark sunglasses for your travel home, we will provide you with a disposable pair. Typically you will be able to drive following your exam, however if you feel more comfortable being driven please make arrangements. You should not operate heavy equipment or drive an automobile unless you are comfortable with your vision. Please note there is no additional charge for having your eyes dilated.

PLEASE CHECK ONE OF THE FOLLOWING:

_____ I **allow** Dr. Woodall to dilate my pupils today if professionally indicated.

_____ I am **unable** to have my pupils dilated today but am **willing to return** to do so.

_____ I **refuse** dilation of my pupils today and am **unwilling** to return. I understand that the dilation of my pupils is an important diagnostic tool that allows for a complete and thorough eye examination. I understand that by refusing dilation, I risk having a sight threatening disorder or other disease left undiagnosed.

Signature of Patient (or Parent/Guardian if patient under 18)

Date