

Retinal Evaluation Policy and Consent

A thorough retinal evaluation is very important. Your doctor can see internal eye structures including arteries, veins, and nerve tissue. This not only gives your doctor the opportunity to diagnose problems before symptoms occur (e.g. cataracts, glaucoma, macular degeneration, retinal holes, retinal detachments, eye cancers, complications of diabetes and high blood pressure, etc), but also provides more information about the inside of the body than any other non-invasive exam. Below are two ways we evaluate various parts of your retina at ModernEYES.

Dilated Retinal Exam

Dilation is an essential procedure which allows your doctor to temporarily enlarge your pupils using eye drops for a more extensive view of the inside of the eye. It also aids in the determination of refractive error (spectacle prescription) in pediatric patients. **All new patients to our practice usually require a complete dilated exam.** Frequency of dilation at future visits is dependent on symptoms and eye health, but at least every 2 years. Some patients may experience blurred vision and light sensitivity, usually lasting 3-6 hours. Very rarely, facial flushing, angle closure, changes in blood pressure/heart rate or allergic reactions may occur. In most cases distance vision will be minimally affected, however if you feel more comfortable being driven please make arrangements. You should not operate heavy equipment or drive an automobile unless you are comfortable with your vision. If you do not have dark sunglasses for your travel home, we will provide you with a disposable pair. **There is no additional charge for dilation.**

PLEASE CHECK ONE OF THE FOLLOWING:

- I **allow** Dr. Woodall to dilate my pupils today if professionally indicated.
- I am **unable** to have my pupils dilated today but **will schedule a follow-up dilation** within 30 days.
- I **refuse** dilation of my pupils today and am **unwilling** to return. I understand that the dilation of my pupils is an important diagnostic tool that allows for a complete and thorough eye examination. I understand that by refusing dilation, I risk having a sight threatening disorder or other disease left undiagnosed. I also understand that if my medical history warrants dilation, my doctor may insist on the procedure in order to continue with the examination.

3D OCT Retina Wellness Screening

We are pleased to provide our patients with the most advanced technology available in retinal imaging today. The OCT Wellness Screening simultaneously provides a digital photo and a 3D cross-section scan through the layers of your central retina using light waves. The images provide detailed mapping of each distinctive layer, many of which are not visible to your doctor during routine examination. Images over time can be compared for early detection of potential eye diseases as well as tracking progression of existing conditions. The 3D OCT-1 Maestro is fast, easy, and comfortable. The doctor will review the results with you at today's visit. Dr. Woodall would like for ALL of her patients to have an OCT Wellness Screening annually (or at the very least a baseline initial image). The OCT does not replace a dilated retinal exam, instead they work beautifully together for a more complete evaluation. The **fee** for this state of the art imaging procedure is **\$29.99**.

PLEASE CHECK ONE OF THE FOLLOWING:

- I **elect** to have a 3D OCT Wellness Screening of my retina.
- I **decline** the Wellness Screening.

Signature of Patient (or Parent/Guardian if patient under 18)

Date